

Bernardo Méndez

Helping women

**Get the love
they crave**

(and deserve)



(and deserve)
they crave

media kit

bio:

Bernardo Mendez (Bern) is a relationship and dating expert who helps women experience love and intimacy from the inside out through his coaching practice and relationship videos and advice.

Bern has successfully helped thousands of people overcome obstacles for over 20 years using a strategic intervention approach, learning first hand from his early mentor, Tony Robbins, who is arguably today's most sought after peak performance strategist in the world.

Bernardo is the founder and host of Yourgreatlifetv, a video blog where women learn practical skills and strategies to get the love they crave from the inside out.

He is also the host a video show where he interviews inspiring humans ranging from best selling authors to entrepreneurs and individuals who've overcome extreme challenges.

Bernardo's work has been featured in dozens of online blogs and he's frequently interviewed on the topics of love, intimacy and conscious entrepreneurship.

Born and raised in Mexico City, he now lives in Austin, TX with his wife and two sons.



video blog & show:

The video blog Yourgreatlifetv.com was born on February, 2011 as a promise that Bernardo made to his dad one month before he passed away.

The purpose of this site is to share actionable skills for single women to learn to love themselves, understand men and create fulfilling intimate relationships.

This video blog has over 350 free videos including interviews with best selling authors, inspiring humans and innovative content creators.

“One of the reasons why I decided to do this interview is because I find you to be an incredibly positive person, very life affirming, and that radiates out from you. So it’s a gift to be around you and to experience your positive energy. I don’t know if you realize this but you have a powerful wake going out.”

-John Mackey - Co-Founder & CEO Whole Foods Market
(Ranked by Fortune Magazine as One of The 12 Greatest Entrepreneurs of Our Time).



dating & relationship coaching:

Bernardo coaches women one-on-one from all over the world, on the art of becoming the best version of themselves, losing their fear of intimacy, reclaiming their connection to their feminine energy and attracting relationship minded men into their lives.

Bern is the creator of the program “Find The One” an eight week journey from the inside out to get the man you want.”

To read client testimonials please visit:

<http://www.yourgreatlifetv.com/praise/>



appearances & contributions:

For a complete list of links to guest appearances, interviews and contributions please visit the link below:

<http://www.yourgreatlifetv.com/as-seen-on/>



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